# Autumn-Winter Newsletter

November 2017

**Chagford Health Centre** Chagford **TQ13 8BW** 

Tel: 01647 433320 Fax: 01647 432425

183082.communications@nhs.net

We are drawing to the end of the flu clinics now but if you are entitled to an NHS flu vaccination and wish to have one please call us on 01647 43320 and we can arrange an appointment for you. If you are eligible but do not wish to have your vaccination please let us know so we can note that on the computer.

On the 20th October, alongside a flu clinic we had a coffee morning to raise money for Hospiscare. Thank you all for your donations and we are pleased to let you know we raised over £400 for Hospiscare.



#### Registrar 2017-2018

Our current registrar is Dr Tessa Keeler. She is with us for 18 months altogether and will be working with us until Winter 2018.

# Chlamydia Screening

We have chlamydia screening kits for males and females in the patient toilet. They have instructions and are very easy to use. You can then hand your sample in at reception or leave it in the marked bin in the patient toilet.

### **Physiotherapy**

Due to staffing problems we have not had a physiotherapist at Chagford Health Centre for some time, instead we have been referring people to Moretonhampstead or Okehampton Hospitals.

From the 30th November we will have a physiotherapist here again. Ellie Baldwin will be here every Thursday from 10am to 2pm and will see patients by appointment only. You will need to be referred by your GP and to begin with she will only be seeing new patients.

#### Opening hours

Monday to Friday

8.30am-6.00pm

We offer early morning and late evening appointments to people who work and are unable to get to the surgery during opening hours. These are by appointment only.

We are closed weekends and bank holidays. When we are closed and you have a medical problem you can call 111. If you have an emergen-

cy dial 999 immediately.

The emergency dental number is 01392 823682.

# **REMINDER**

Please leave 48 hours between requesting your prescription and going to the pharmacy to collect it. This leaves enough time for the doctor to action your request and the pharmacy to get your prescription ready for you.

# Extra Services

Citizens Advice Bureau-This service has resumed and is now taking place on the third Friday of the month. If you cannot make this you are welcome to attend the service at Moretonhampstead or Cheriton Bishop Health Centres which take place on different days.

Nail cutting—Amber comes on the first Tuesday of every month. She also goes to Moretonhampstead if you cannot make the dates she comes to us. This costs £15pp

We also have access to 'Art

Raft', an art group for people with dementia, 'Rise', a service for people with drug and alcohol issues and a balance group. Please call Moretonhampstead Health Centre on 01647 440591 if you are

interested.



## **CHRISTMAS**

Christmas is coming!

Please remember to order your medication in good time so you will not run out over the Christmas period. This year we are closed

from Saturday 23rd-Tuesday 26th December and Saturday 29th December-Monday 1st January 2018

# Online Services

As a patient at Chagford Health Centre you can register for online services. This means online you can:

- Order prescriptions
- **Book appointments**
- View your summary medical record

Please speak to reception if you would like to arrange access to your online services account.